



K.I.C.K.S.

Kids In Christian Karate School

Giving kids a fighting chance...

Purple Belt Kicking and Punching Combinations

- Slide up Spinning Hook kick- Back Leg Roundhouse-Reverse Punch- Turn and repeat
- Step in Hook Kick-Back Leg Front Kick-Spinning Hook Kick-Reverse Punch- Turn and repeat
- Lunge Reverse Punch-Spinning Hook Kick-Reverse Punch-Turn and Repeat
- Step in Back Leg Round house- Jump Spinning Inside Crescent Kick- Spinning Hook Kick- Back Ridge Hand- Turn and Repeat

Matthew 18:2-6

² And Jesus called a little child unto him, and set him in the midst of them,

³ And said, Verily I say unto you, except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.

⁴ Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven.

⁵ And whoso shall receive one such little child in my name receiveth me.

⁶ But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea.

6th Kata - Ping 3 - Pyong Ahn Sam Dan